

# Resume

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## CONTINUING EDUCATION

\*I am licensed to do massage in Arizona. AZ License requires 25 hours of continuing education every two years.

\*August 2004. Thai Massage School of Chiang Mai. Foundation of Thai Massage Level I (30 hours)

\*August 2004. Thai Massage School of Chiang Mai. Thai Massage Enhancement Level II (30 hours)

\*January 2004. The Wat Pho Traditional Medical School. Thai foot massage (15 hours)

\*August 2003. The Wat Pho Traditional Medical School. Thai foot massage (15 hours)

\*March 2001. Phoenix Rising Yoga Therapy Certification Training. (32 hours)

\*September 1999.. MT-1 Massage Technician Program (200 hours) Southwest Institute of Healing Arts.

\*February 28-March 3, 1999...Department of Continuing Education, Harvard Medical School, Department of Medicine, Beth Israel Deaconess Medical Center...Alternative Medicine: Implications for Clinical Practice and State-of-the-Science Symposia

\*December 13, 1998...Holistic Living Center School of Massage, Chiang Mai, Thailand...Traditional Thai Massage...(14 Hours)

\*November 18, 1998...Lek Chaiya Massage ...Authentic Thai Traditional Healing Nerve-Touch Massage with Steam Medicinal Herbs...(18 Hours)

\*Nipha Sangkhanat, Haad Rin, Kho Phangan, Thailand, Traditional Thai Massage (30 Hours) -Aug. 1996

\*The Wat Po Traditional Medical School, Bangkok, Thailand, Massage Therapy Course II, Sept. 1996, (30 Hours)

\*Wat Sam Phraya, Bangkok, Thailand, Thai Massage, Sept. 1996

\*Pichet Boonthumme, Hang Dong, Thailand, Thai Massage, act. 1996 (40 Hours)

\*Yunnan Provincial Hospital of Traditional Chinese Medicine, Kunming, China, Tuina, Nov. 1996

\*Lek Chaiya, Chiang Mai, Thailand, Ancient Thai Massage with Medicinal Herbs Course, Nov. 1996 (30 Hours)

\*Nit Chaimongkon. Chiang Mai. Thailand, Traditional Thai Massage, Dec. 1996 (30 Hours)

\*Harold Burst,(Asokananda) Lahu hilltribe village, North Thailand, Traditional Thai Massage, Dec. 1996 (60 Hours)

\*Thai Massage, Old Medicine Traditional Hospital, Chiang Mai, Thailand (60 Hours) September 1995

\*Thai Massage, Institute of Thai Massage, Chiang Mai, Thailand, Basic and Advanced Thai Massage (30 Hours) -September 1995

\*Thai Massage, The rePlace, Chiang Mai, Thailand, (60 Hours) -September 1995

\*American Massage Therapy Association, Continuing Education, Body Stabilization: Structural Realignment (4 Hours) -December 1994

\*American Oriental Body Workers Association, National Convention (23 Hours) - May 1994

\*American Massage Therapy Association, Continuing Education, Myotherapy (4 Hours) -June 1994

\*American Massage Therapy Association, Continuing Education, Myotherapy (4 Hours) -June 1994

\*American Massage Therapy Association, Continuing Education, Temporal Mandibular Dysfunction (3 Hours) -December 1993

**\*Thai Massage. The Wat Po Traditional Medical School. Bangkok, Thailand (30 Hours) -December 1993**

\*American Massage Therapy Association, Continuing Education, Chicago Convention (9 Hours) -October 1993

\*Somoto Emotional Release Level I Workshop, The Upledger Institute, Huntington Beach, California (30 Hours) -December 1993

\*American Massage Therapy Association, Continuing Education, Temporal Mandibular Dysfunction (3 Hours) -December 1993

\*American Massage Therapy Association, Continuing Education, Chicago Convention (9 Hours) -October 1993

\*Myopathy, Intermediate II, Continuing Education (15 Hours) - July 1993

\*American Oriental Body Workers Association,Advanced Training/Oriental Body Work. National Convention (14 Hours) -1992

\*Myopathy, Intermediate I, Continuing Education (15 Hours) -July 1992 \* **Thai Massage (Nuad Bo-Rarn) Institute of Thai Massage, Chiang Mai, Thailand (90 Hours) -1992**

\*Tunia/ Anmo Chinese Massage, Guang-AnMen Hospital, The Academy of Traditional Chinese Medicine, Beijing, China (30 Hours) -1992

\*Cranio Sacral Therapy II Workshop, The Upledger Institute, Phoenix, Arizona (24 Hours) -1992

\*American Massage Therapy Association, Continuing Education, Arizona State Membership Meeting and Workshop (6 Hours) -1991

\*Cranial Sacral Therapy I Workshop, Upledger Institute, Phoenix, Arizona (24 Hours) -1991

\*American Massage Therapy Association, Southwest Regional Conference (12 Hours) -1991

\*American Massage Therapy Association, California State Convention, (12 Hours)1990

\*American Massage Therapy Association, Massage and Osteopathy, Pre Convention Seminar, San Diego, California, (6 Hours) 1990

\*Myopathy Workshop (neuro-muscular re-education), Continuing Education Workshop, (15 Hours) 1990

\*American Massage Therapy Association, Continuing Education, Seminar on Neck, Cranium, Face, Legs and Feet. (12 Hours) 1990

\*American Massage Therapy Association, Continuing Education, Arizona Sports Massage Team Workshop, (16 Hours) 1990

\*Instruction in Neuro-Muscular Therapy with Leon Chaitow, D.O.,N.D., Tucson, AZ (13 Hours) 1989

\*Certification in Massage of Traditional Chinese Medicine, Heilongjiang College of Traditional Chinese Medicine, Harbin, Peoples Republic of China, 1989

\*Anatomy and Physiology Courses, Scottsdale Community College,(8 credit hours)1988

\*Physical Examination of the Musculoskeletal System, Kikkawa College of Massage and Shiatsu Therapy, Toronto, Canada 1988

\*Certification in Chinese Tunia, Nanjing College of Traditional Chinese Medicine, Nanjing, Peoples Republic of China, 1987

\*Body Contouring and Cellulite Reduction, Studied under Gladys Davies, Mesa, Arizona, 9 months 1984

#### **TEACHING EXPERIENCE**

**Approved by the National Certification Board for Therapeutic Massage and Bodywork ( NCBTMB) as a continuing education Approved Provider. # 421092-00**

#### **\*Continual workshops in Scottsdale and Thailand**

- \*November 2002 Thai massage trip to Thailand. Taught for Akha Women's Foundation.
- \*June 2001 Thai massage trip to Thailand. Taught for the ABU: WOMEN'S PROJECT.
- \*November 2000 Thai massage trip to Thailand. Taught for the ABU: WOMEN'S PROJECT.
- \*February 2000 Thai massage trip to Thailand. Taught for the ABU: WOMEN'S PROJECT.
- \*August 30 to September 3, 1999...Taught Thai Massage...Desert Resorts School of Somatherapy, Desert Hot Springs, CA
- \*March 15-19,1999...Taught Thai Massage...Desert Resorts School of Somatherapy, Desert Hot Springs, CA
- \*February 22-27, 1999...Taught Thai Massage...Institute of Natural Therapeutics, Inc., Mesa, AZ
- \*September, 1998...Taught Thai Massage...Reclaim Health, Anchorage, AK
- \*September, 1998...Taught Chinese Self-Massage...4th Annual Healing Conference presented by Alaska Native Foundation and Providence Health Systems of Alaska, Anchorage, AK
- \*May, 1997...Taught How to Treat Back Pain with Thai Massage...Healing From the Four Directions Conference...Presented by The Native Foundation, Anchorage, AK
- \*April 19, 1997...Taught Thai Massage for the Arm, Hands and Shoulders. Also self-care of arms for the therapist...American Massage Therapy Association Alaska Chapter, Anchorage, AK
- \*Kodiak College, Thai Massage, January, 1996
- \*Southwest Institute of Healing Arts, Thai massage, June, 1996
- \*Kodiak College, Thai massage, July, 1995
- \*Santa Monica, California, Thai massage, June, 1995
- \*Phoenix, Arizona, Thai massage, 1994

#### **WORK EXPERIENCE**

SELF EMPLOYED since 1984.

- \* Old Town Scottsdale
- \* 3080 N. Civic Center Plaza #14
- \* Dr. Asher's Office, 6851 E. Thomas Road, Scottsdale, AZ 85251...March 2000 - 03
- \* Opulence Design Studio and Day Spa, Anchorage, AK...September 1998-February 1999
- \* Reclaim Health, Anchorage, AK...July 1998-February 1999
- \* United States Army, Fort Richardson, Anchorage, AK...March 1998-February 1999
- \* The Alaska Club, Anchorage, AK...September 1997-May1998
- \* Studio 419, Anchorage, AK ...September-December 1997
- \*Massage Therapist, Women's Nautilus, Anchorage, Alaska, February to July of 1997
- \*Massage Therapist, Phoenix, Arizona, 1990-1996
- \*Massage Therapist, First Chiropractic, Scottsdale, Arizona, 1988-1989

\*Massage Therapist, Sophia's, Scottsdale, Arizona, 1985-1988

\*Massage Therapist, Aloe Magic, Mesa, Arizona, 1984-1986

**SPECIAL INTEREST**

Member of Phoenix Philanthropists Volunteer Meetup

**AMTA member since 1989**

**Continuing education provider for NCBTMB # 421092-00 beginning October 2004**

**Recipient of the AMTA National Humanitarian award October 2004.**

President of the AKHA WOMEN'S FOUNDATION

[www.akhawomensfoundation.com](http://www.akhawomensfoundation.com)

Yoga

Family